WDHB Experience

• MIAP 2013-2014
  – WDHB pilot site
  – 2 part project
    • Raising Awareness Campaign
    • SMAS – 75 reviews (lx: polypharmacy)
MIAP

• Key results
  – 63% living in ARRC
  – 89% referrals to SMAS from GP/PN
  – Mean age 77.4yrs
Reviews - Outcomes

- 86% changes recommended
- 57% discontinuation recommended
- 20% new medicines recommended
- 73% recommendations actioned 6/12 post review
- Mean reduction in Medication Risk score from 25.5-23.4 (Tim’s methodology)
- $$ Savings 2x cost of intervention (est. cost of intervention/patient $181 vs. savings in y1 $364)
Patient Oriented Outcomes

• Pts empowered to question their medication
• “Less pills to swallow”
• Reduced medication improved QOL for pts and carers
• Timing is everything
• The WHOLE team needs to be engaged
• Sometimes changes need to be reversed
Issues

• Capacity to respond by all stakeholders
• Medicines optimisation is a dynamic process not a one-off intervention

...The costs ($, QOL) of NOT doing this are huge and unsustainable....