Learning reflection form for CME/MOPS Recognition of learning activities

Name

Date

Description of activity

Number of hours[1]

Why did you choose this activity (How does it relate to your PDP learning goals?)

What did you learn?

How will you implement the new learning into your daily practice?

Does this learning lead to any further activities that you could undertake (audit activities, peer discussions etc.)

[1] *Total hours should be entered as CME credits on the MOPS page under "CME reflected in PDP".*