

ANTIBIOTICS WON'T FIX YOUR COLD OR FLU

The best treatment is plenty of rest, fluids and relief of your pain and symptoms.



Colds and flu can't be fixed with antibiotics, because they're a viral infection. Antibiotics only work on infections caused by bacteria. We need to use antibiotics carefully, or they'll stop working.

Always take your doctor, nurse or pharmacist's advice on using antibiotics.

www.keepantibioticsworking.nz



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MOST EARACHES NEED PAIN RELIEF NOT ANTIBIOTICS

A check is always best.
Your doctor will look inside
your child's ears and
tell you if antibiotics are
the right treatment.



Antibiotics don't help most ear infections get better any faster.
Pain relief medicines (like paracetamol and ibuprofen) will help
your child feel more comfortable.

*Always take your doctor, nurse or pharmacist's advice
on using antibiotics.*

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