



*Te
Whaioranga*

ePānui from PHARMAC's Te Whaioranga Māori Health Team

Māori views encouraged at PHARMAC

Māori health needs are always taken into account when PHARMAC makes funding decisions. Te Roopu Āwhina Māori, a group made up of PHARMAC Māori advisory members and Māori staff provides a forum where issues impacting on Māori health and wellbeing can be discussed. The roopu plays a significant role in ensuring that our organisation is fully briefed on how its funding decisions will affect tāngata whenua. Members of the roopu are Bill Kaua, Kura Denness, Dr George Laking, Shane Bradbrook, Barbara Greer, Moana Papa, Katerina Pihera and PHARMAC Te Whaioranga staff Awhimai Reynolds, Marama Parore, Karen Jacobs, Angela Cathro and Julian Apatu. Future issues of this ePānui will profile each of the members of the roopu.





Hoerara to head 'for tāne by tāne' research

Understanding the attitudes and perspectives of Māori men when it comes to cardiovascular health will be at the core of two new research projects being undertaken by Māori health researcher and PHARMAC contractor Roy Hoerara. The Ngāti Porou father of four was recently awarded two scholarships, both of which will see him undertake research projects based on a Whānau Ora approach. [More](#)



Disposing old medicines



Heart journey transforms father's life

Wiremu Bayliss' life has taken a turn for the good since he began his heart journey in August last year.

For the past decade the Ngāti Toa father of one has struggled to drop below 200 kgs in weight, but after receiving a bit of help, he has managed to drop more than 45 kgs.

"I got to a tipping point which made me reach out for help that led me to be part of..." [More](#)

An advertisement for Dr. Lance O'Sullivan. It features a portrait of Dr. O'Sullivan, a man in a white lab coat, smiling. To the right of the portrait, the text reads "ASK DR LANCE" in large, bold letters. Below this, it says "Health related topics" followed by a list of topics: "Rheumatic Fever", "Heart Disease", "Sore Chest", "Diabetes", and "Obesity or weight loss". At the bottom, there is a button that says "CLICK HERE TO ASK YOUR QUESTION".

Ask Dr Lance O'Sullivan

orange lighter is someone with a CVD risk assessment of between 10-15%.

To receive a copy of the card, email <mailto:ohml@pharmac.govt.nz>

knowledgeable guides. This was followed by a visit to the Matariki show at the Carter's Observatory.

Wānanga evaluation

Good information on the initiatives we run in the community is critical to ensuring that they are having the desired impact. Just recently we provided evaluation training for our whānau ora partners of the He Rongoā Pai He Oranga Whānau programme.

The training involved the co-development of a programme service logic model as well as a review of the evaluation process. The evaluation training was facilitated by Suaree Borell... [More](#)

Upcoming events

27-28 June

He Rongoā Pai He Oranga Whānau wānanga
Takaparawhā Marae
ORAKEI, AUCKLAND

13-14 August

He Rongoā Pai He Oranga Whānau wānanga
Cophorne Bay of Islands
WAITANGI

13-14 September

He Rongoā Pai He Oranga Whānau wānanga
Venue TBC
TE TAI TOKERAU

[Click here to register for a HRPHOW wānanga](#)

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