

Oestradiol patches

PHARMAC
TE PĀTAKA WHAIORANGA

From 1 December 2025, there will be two funded brands of oestradiol patches: Estradiol TDP Mylan and Estradot.

There is a global supply issue affecting the Estradot brand of oestradiol patches. Pharmac has secured as much Estradot as the supplier can provide. However, there may be times where there is not enough Estradot for everyone who needs it.

If after talking with your prescriber, the Estradot brand is considered the best treatment for you, talk to your pharmacist about its availability.

We expect that there will be enough Estradiol TDP Mylan for anyone who wants to use it.

So that the people who need Estradot can get it, we are asking you to use Estradiol TDP Mylan if you can. You can ask your pharmacist to dispense the Estradiol TDP Mylan brand for you.

To help manage supply, both the Estradiol TDP Mylan and Estradot brands of oestradiol patches continue to have a '2 patch per week' limit on each strength. You will also continue to receive one month's supply at a time from your pharmacy.

Other oestradiol products such as oestradiol gel (Estrogel) remain funded and available.

You can find more information about oestrogen patches on Healthify He Puna Waiora: www.healthify.nz

